



LANDMARK ELEMENTARY SCHOOL

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Dear Parents/Guardians & Students,

October is **International Walk to School Month (IWALK/IWHEEL)**. This gives parents, students, teachers and community leaders an opportunity to be part of a global event as we celebrate the many benefits to walking or biking. On Wednesday, **October 11th** we encourage everyone to walk or bike to school. The bus students will be dropped off at First Avenue North and Penner Drive and will take Penner Drive to walk to school. For more information please visit, www.saferoutestoschool.ca/.

What it's all about

International Walk to School is more than just getting together with children and going for a walk to school as a special event. This is certainly important, but the event's greater aim is to bring forth permanent change in communities across the globe. Below are just a few of its goals:

- **Encourage physical activity** by teaching children the skills to walk safely, how to identify safe routes to school, and the benefits of walking
- **Raise awareness of how walkable a community is** and where improvements can be made
- **Raise concern for the environment**
- **Reduce crime and take back neighborhoods** for people on foot
- **Reduce traffic congestion, pollution, and speed** near schools
- **Share valuable time with local community leaders, parents, and children**



L.E.S. Students walking to school

Landmark Elementary School is a community developing life-long learners who
DO THEIR BEST, CARE for OTHERS, and BUILD THEIR DREAMS.